



## Bon Vivant's Packing List

Here is a list of packing items that we've put together to help you prepare for the tour. We have also included a few tips that have helped students and teachers on previous tours!

### Packing Tips

- Since you will be walking a lot, comfortable shoes are essential.
- Make sure that your luggage is light enough so that you can carry it on your own.
- You may want to take a look at the weather forecast right before packing, so that you can plan accordingly.
- You may also want to save some space for gifts and souvenirs upon your return from the tour.
- Shampoo, conditioner and soap will be available at your hotel. Not bringing your own can save space and weight.

### Items

Comfortable walking shoes (running shoes and or sandals)  
Shirts and t-shirts  
Shorts, pants and jeans  
1 pair of nicer pants/skirt for dinner or boat cruise  
Socks and underwear  
Night wear  
Raincoat/wind breaker  
Compact umbrella (if there is forecast for lots of rain)  
Toothbrush and toothpaste  
Deodorant  
Hairbrush or comb  
Sunscreen and sunglasses  
Hat or cap  
Contact lenses and solution (if applicable)  
Soap and shampoo (unless you choose to use the ones provided by the hotel)  
Medication (if applicable)  
Alarm clock  
Watch  
Water bottle  
Photo camera with memory cards and battery charger  
Wallet, with a bit of cash money and/or a debit card  
Student card and health card  
Travel insurance (If applicable: company, policy number and phone number in case of emergency)  
Friends and family's addresses in case you want to send them postcards while on tour